

San Pasqual High School Student Bulletin



Monday December 18, 2017 / Traditional Day

| SPORT | OPPONENT | LOCATION | GAME TIME | RELEASE TIME |
|--------------|------------|---------------|-----------|--------------|
| G Basketball | Del Norte | Home | 5:30pm | |
| G Water Polo | Otay Ranch | Loma Verde AC | 4:15pm | |
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Club Meetings:

- Flu season is here!!
 - Simple steps can reduce your risk for the flu:
 - It is best to wash your hands often and for 20 seconds
 - · use hand sanitizer if water not available
 - · stay away from sick people
 - · avoid touching your eyes, nose, and mouth
 - · routinely clean commonly touched surfaces
 - Cover your cough by coughing into your elbow.
 Stay home when you are sick. Get rest.
 - The best protection against the flu is to get vaccinated.
- FREE FREE FREE!
 - SOAR tutoring is free! What a great way to prepare for finals! Take a look at the library to seen when each subjects tutorials are held.
- SOAR will not run in the afternoon during finals.
 SOAR will be open in the mornings the entire week of finals.

Have a great day Eagles. Remember United We Soar!

San Pasqual Golden Eagles know our ABC's, we are Academically Engaged Behaving Positively